

November 2020

In this Issue:

- **10 Tenets of Implementing Safety Logically - Tenets #4 to #7 - Article by Alan D Quilley CRSP**
- **Online BCRSP-CPD Mandatory Ethics - Courses November and December**
- **Reminder - Sale! 2015 Blueprint CRSP Exam Prep study material**
- **On the Net**
- **CRST Online Prep Course via Lambton College starts January 4/21**
- **Compliments on our CRSP and CRST Courses**
- **CRSP and CRST Virtual Coaching Exam Prep Courses**

The Ten Tenets of Implementing Safety Logically

Article by Alan D Quilley CRSP

Continuing from my article in our last newsletter, the following is a discussion on Tenets #4 - #7. As a reminder:

The Ten Tenets of Implementing Safety Logically

1. Do safety WITH people and not TO people.
2. Don't jump to a safety solution because it's quick. Efficient AND effective should be the desired outcome of any solution.
3. Use evidence to support what you do to enhance safety. You need data to make good decisions.
4. Measure what you do - not what doesn't happen to you.
5. Stop relying on auditing! If you need an auditor to tell you what you are doing...you don't know what you are doing!
6. Acknowledge efforts to create safety over those that just celebrate non-injury outcomes.
7. Recognize the need for the psychosocial aspects of your safety efforts.
8. Be patient – Change takes time – quick fixes rarely last.
9. Keep learning what works and let go of what doesn't.
10. Stay connected and informed on what is new and should be considered.

4). Measure what you do - not what doesn't happen to you.

The fourth tenet is one that historically has been a struggle for many.

Safety management pioneer Dan Petersen said it best: "Measuring health and safety success by measuring injury claims is like measuring how successful your car trip was by counting how many miles you didn't drive."

Counting, recording and discussing how many cows have escaped the paddock will never be as

Contact Safety Results

Alan D. Quilley CRSP

780-710-0276

aquilley@safetyresults.ca

www.safetyresults.ca

efficient and effective as measuring the systems, behaviours and culture of ensuring that the gates are closed!

Measure, measure, measure; but measure the right things.

It's extremely important to measure your activities and not the randomness of your luck.

If we are to manage what we set out to do to reach our goals of excellence in the safe production of our goods and services, we are going to need to rely on #4: "Measure what you do — not what doesn't happen to you."

When we truly understand what we are doing, then the outcomes become much more meaningful.

In light of current world events, measuring fatalities from COVID-19 is necessary, but not sufficient to tell us what is working. Measuring the success of isolation, social distancing, handwashing and masking will help us know what actually works.

5). Stop relying on auditing! If you need an auditor to tell you what you are doing...you don't know what you are doing!

The fifth on our list is one of those "stop the madness" ideas. Over the past four decades, we've seen the steady rise of the "auditor is God" mantra.

W. Edwards Deming once said, "The merit rating rewards people that conform to the system. It does not reward attempts to improve the system. Don't rock the boat."

He also famously said many times: "If you can't describe what you are doing, you don't know what you are doing."

If we indeed are creating safety through our actions and measuring those activities in enough detail to create confidence in the causal relationship between what we are doing (inputs) and what we are getting for our efforts (outputs), then what the heck is an auditor going to tell us that we don't already know?

Be your own auditor... so you will know what you are doing to create safety.



6). Acknowledge efforts to create safety over those that just celebrate non-injury outcomes.

This brings us to the all important sixth tenet: "Acknowledge efforts to create safety over those that just celebrate non-injury outcomes."

By now, we all seen those signs: Number of days worked without a lost-time incident. Certainly, there's a long history of celebrating the length of time between recordable injuries. The problem emerges when the record set was more due to luck than good management.

Aubrey C. Daniels talks about a "dead man test." The thought is that if a dead man could achieve that goal, then it's not much of a goal. Someone who does absolutely nothing to create safety can avoid injury. Don't get me wrong, I'm always happy to hear that a company has no injuries for a period of time... as long as they know why.

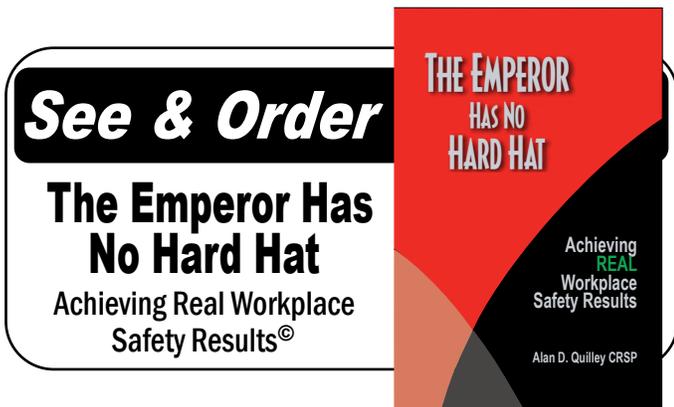
If a company has done a great job of doing the kinds of tasks that create safe production of their goods and services, and can point to managed efforts to build a reliable workforce and process with evidence they can reveal to explain why they have no injuries... I'm a lot more impressed.

7). Recognize the need for the psychosocial aspects of your safety efforts.

More so than ever before, our need to understand the mental health of our employees is in the forefront.

Psychosocial influences on the well-being of humans can be managed. Ensure you're aware of your company's employee and family assistance program.

Of course, don't hesitate to use the services yourself. Some days it's very hard to be a change agent. It's not a weakness to get help



Sale! 2015 Blueprint CRSP Exam Prep study material

The last writing window based on the **2015** BCRSP CRSPEX Blueprint is taking place January 25 - February 5, 2021. We are pleased to announce that our remaining stock of study material towards this Blueprint is now on sale! Available only while quantities last:

CRSP Exam Prep Manual

Was \$369.00 Now \$250.00

CRSP Exam Prep Workbook Practice Q&A

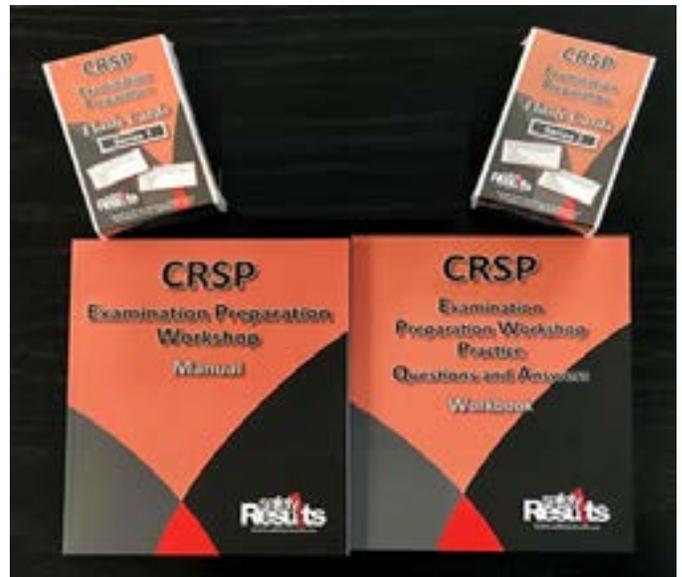
Was \$209.00 Now \$150.00

Series 1 and Series 2 Multiple Choice Practice Q&A

Were \$99.00 Each Now \$50.00 Each

(Shipping and taxes are additional)

Click [here](#) to purchase!



On the Net

OHS Canada Magazine

[What the pandemic has taught us - Article by Alan Quilley Located on Page 9](#)

CCOHS

[Covid 19 Tips - Gyms and Fitness Clubs](#)

[Covid 19 Tips - Sports Activities](#)

with daily struggles.

In Canada we have a wonderful resource thanks to the CSA — CAN/CSA-Z1003-13/BNQ 9700-803/2013 – Psychological Health and Safety in the Workplace.

I highly recommend that you learn more and integrate these important recommendations in to your health and safety efforts.

Next month, we'll finish with my more indepth look at the last 3 tenets of "Ten Tenets of Implementing Safety Logically"! Stay tuned!

BCRSP - CPD Mandatory Ethics Course - Next course starts November 2/20 - registration open to November 5

This comprehensive and thought-provoking course, designed specifically for, and approved by the BCRSP by Alan Quilley, (who has been a CRSP for 35+ years), is ensured to enlighten and challenge a CRSP's thinking of ethics in their professional practice.

As required by the BCRSP, the course also includes detailed discussion of:

- BCRSP Code of Ethics and Professional Conduct
- Rules of Procedure of the Discipline Committee of the Board of Canadian Registered Safety Professionals

For more information on the course, please email [Lambton College](#):

To register for the course, please click [here](#).

Another course, starting December 1 is also available for booking. Registration is open until December 4.

Online CRST Examination Preparation Course next date announced!

Safety Results Ltd, in conjunction with Lambton College based in Sarnia, Ontario, brings you THE best online CRST Examination Preparation Workshop!

The next course starts January 4 and ends on January 25 Registrations for this course will be accepted by Lambton College until 4:00PM CDT, January 8

When researching methods to deliver this top-notch course, we were expressly interested in associating with a distinguished educational institution as opposed to unknown online entities. It was vitally important that we aligned ourselves with an institution that believes in the same degree of ethics, high attention to service, content and quality as we do. Established in 1966, Lambton College has the enviable reputation as a pioneer in Mobile Learning. They are a global leader in applied research, education and innovation. Their work in a number of fields continues to exceed expectations, which makes them a perfect fit for what we do.

Alan D. Quilley CRSP started Safety Results Ltd 20+ years ago and has received numerous accolades due quality and value of our Workshops, study material and his teaching style.

We are delighted to be working alongside Lambton College to bring this exceptional online course to you.

To review and register in this online course, please click [here](#). (Registrations are handled exclusively by Lambton College)

The aim of this course is to assist in performing your own knowledge gap analysis and then create a study plan which will enable you to focus on the competencies that you need to master before the exam.

Exclusive to Lambton College students confirmed in this course, the study material that the course was built upon is available at a special student discounted rate of \$375.00 CAD plus applicable taxes. Shipping (within Canada only) is included. More details [here](#).

Compliments for our CRSP/CRST Examination Preparation Courses

“If you are looking for a CRSP Prep Course, Safety Results is the best choice; they provide you with the course materials that help organize and maximize your study time preparing you to take the exam.

I highly recommend using Safety Results, their course is worth every penny!”

“The Safety Results exam materials were essential for my CRST exam preparation. The materials were an excellent source of information, and the exam questions were a great way to test my learning. In addition to the materials, the Virtual Coaching Package with Alan was a useful alternative to in person training. During the one-on-one training sessions, he provided help with exam preparation/planning, review of the course materials, and practice exam questions. He kept the sessions very engaging by providing stories and perspective from his experience as a safety professional. Thank you for all the help Alan and Marie!”

“I just wanted to pass along that I passed my second attempt at the CRST exam. Thank you so very much for all of the help and guidance. I would not have been able to do this with out you both! The course you offer is top notch and exactly what I needed”.

“A heartfelt thanks to you both. I benefitted immensely from the CRSP prep course. Alan is a fantastic teacher and I attribute my passing to that and also the study material provided. The flash cards were very helpful as well. Thanks again!”

“Thank you for your email. I got my results today and I would say I am content as I passed my exam!

Without a doubt, your course and the material that was provided to me helped me pass this exam. Thanks!”

CRSP AND CRST VIRTUAL COACHING EXAMINATION PREPARATION COURSES

Due COVID-19, we removed dates for in-person classes for the balance of 2020. We didn't feel it at all ethical to book dates and hold onto *your* funds for months on end. Additionally, we ALL have a responsibility to protect the health and safety of our fellow human beings and we aren't about to put our students, ourselves, colleagues and loved ones at risk.

As it has always been Alan's commitment to help candidates with their studies for both the [CRSPEX](#) and the [CRSTEX](#), we are pleased to announce that we have introduced *Virtual Coaching Packages*. These packages are currently available to those that are writing the 2015 Blueprint CRSPEX taking January 2021 as well as the 2019 Blueprint CRSTEX taking place March and August 2021.

We will provide all of the material (shipped at our cost within Canada only) that you would have received in one of our Workshops. We are also delighted to offer generous discounts to current members in good standing of the CSSE and WOHSS (not combinable). For more information on those discounts, please contact [Marie](#).

This virtual package includes 6 hours of personal instruction by Alan D Quilley CRSP. The hours are broken down however you wish; the first session will take 2 hours. There will be homework assignments between the calls. Calls are individualized and held via phone or Zoom Video Conference, your choice.

"It's really important to know who is trying to teach you something". - Alan D Quilley CRSP

Who is your Coach?

Alan Quilley CRSP is our engaging, dynamic instructor and he will teach you how to study, truly demonstrating that you can enjoy learning. He's a respected industry leader in OH&S and has the credentials to prove it. A working CRSP who not only consults, but also trains within North America and internationally. Actively working with companies, helping them create their Health and Safety programs, as well as being regularly invited to present health and safety topics all over the world, Alan doesn't just teach it, he lives it.

With his decades of practice experience in various OH&S industries coupled with his qualifications in adult education (he developed, designed and instructed OH&S programs at the U of A, U of C, NAIT and now Lambton College, as well as showing you the techniques to help you focus your studies, why look elsewhere? When selecting your mentor, take the time to really research who other providers are and what they've done. We believe that they simply won't measure up to our instructor in terms of quality, experience and teaching style. And, we are confident you will find our process better than the rest.

"There are no hard questions if you know the answers". - Alan D Quilley CRSP

CRSP Virtual Coaching Package

Inclusions:

- Study material (material shipped at our cost within Canada only) based on the 2015 CRSP Examination Blueprint
- 6 hours personal instruction with Alan
- CRSP Exam Prep Manual
- CRSP Exam Prep Practice Questions and Answers Examination Workbook
- Series 1 & 2 Multiple Choice FlashCards
- Handbook (offered only to those taking part in this Virtual Coaching Package)
- \$999.00 + tax

CRST Virtual Coaching Package

Inclusions:

- Study material (material shipped at our cost within Canada only) based on the 2019 CRST Examination Blueprint
- 6 hours personal instruction with Alan
- CRST Exam Prep Manual
- CRST Exam Prep Practice Questions and Answers Examination Workbook
- Handbook (offered only to those taking part in this Virtual Coaching Package)
- \$849.00 + tax

The Board of Canadian Registered Safety Professionals (BCRSP) does not have any involvement in the development, content or distribution of any courses or materials associated with preparing for BCRSP examinations.