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An article from our friend, Andrew Sharman

### **The New Rules of Safety: Pace and urgency**

Like many people over the past few weeks and months, I have been both observing and living the ramifications and impact of the COVID-19 crisis. As we take tentative steps to prepare for recovery from the crisis everyone from politicians, employers and individuals are formulating our own individual solutions and responses to address the concerns we all have about the virus. Whether that be from our potential customers, staff, suppliers through to our family members, as we think about our return to “normal”. But I wonder, will we return to normal, or do we reset to something new and rethink everything?

When I think about the return to work, I think about the observation Alan Quilley shared with me around a shop-floor conversation between managers and workers. A common question is often ‘How quickly can you get that job done?’. By adding just one word to this sentence we can completely change the response we encourage in others. Al’s suggestion was that we change the question to “How quickly can you get that job done safely?”. In my time working with leaders and managers around the world, each of them have been blown away by how simple it is to demonstrate their own personal commitment to safety and still maintain their focus on getting the products out of the door.

In my book [‘From Accidents to Zero’](#) I highlight that strong, visible, management commitment is the basic component of any successful safety management system and this commitment must always start at the top, permeating down through all levels of the organisation. To achieve zero accidents, leaders must sincerely believe that safety is equally as important as any other business aspect such as quality, productivity and cost. These are themes that I discuss time and again in my workshops. After much contemplation and interrogation of myself on this subject over the past few months, I came to the conclusion that this really hasn’t changed.

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What has changed is the focus and spotlight that the world has now placed on our safety, and the importance of focus on our safety at the highest level of leadership. Like nothing before, COVID has demonstrated how safety is integral to the very existence of every organisation and the interconnection and dependencies that exist between all our safety's, and the devastating health and economic impact if we get this wrong.

### **The New Rule of Safety #26: Pace and urgency**

It has often been said that change is the new normal. As Charles Darwin pointed out way back in the mid 19th century "It is not the strongest of the species that survives, nor the most intelligent...It is the one that is the most adaptable to change".

It is with that mindset that we need to use the opportunity of the pandemic to really change. As we return to work we must avoid the 'How quickly can we get that done?' and work to reposition safety as a core business value, at the centre of all our decisions, at the core of our communications, and at the heart of every great leader.

*Andrew Sharman is an in-demand consultant, author, speaker and strategic advisor to senior leaders and blue-chip corporations around the globe. He works with leaders, teams and organizations in NGOs, Fortune 500 and FTSE 100 companies - including the world's biggest technology company, the most sophisticated fashion brand, the fastest Formula One team, and some of the largest businesses in the construction, pharmaceutical, FMCG, energy and mining sectors - around the globe to improve their culture and enable excellence.*

*Honored to be elected President of the Institution of Occupational Safety & Health (IOSH), the world's leading body for OSH professionals worldwide with over 48,000 members.*

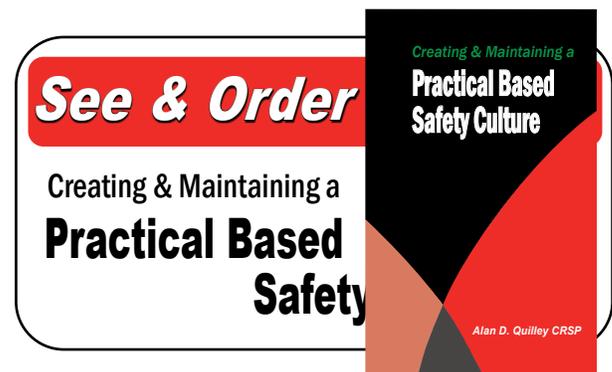
*Andrew is Professor of Leadership and Safety Culture at the European Centre for Executive Development (CEDEP) in Fontainebleau, France and also teaches at IMD and Caltech.*

## **Coming soon! Online CRST Exam Prep Course!**

Safety Results Ltd., in collaboration with Sarnia's Lambton College is bringing you what we think will be THE best online CRST Examination Preparation Workshop!

When researching methods to deliver our top-notch course, we were expressly interested in associating with a distinguished educational institution. It was additionally important that we aligned ourselves with an institution that believes in the same degree of ethics, high attention to service, content and quality as we do.

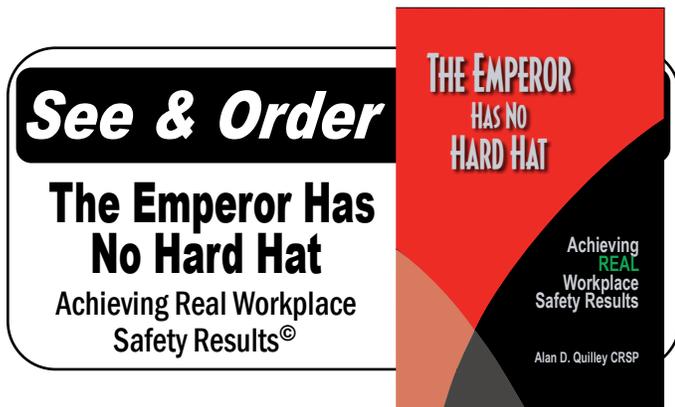
We are hopeful that the course will launch next month on the Lambton College website. If you are interested, send an email to [Marie](mailto:marie@safetyresults.com) and she'll forward details as soon as they become available!.



## **CPD Mandatory Ethics Program**

Along with our amazing CRST course shortly being offered online, Safety Results, in conjunction with Lambton College, are thrilled to also announce that we have been selected by the BCRSP as a CPD Mandatory Ethics Program provider. Due COVID-19, Lambton College has required some time to finalize this new Ethics course due their having to transfer all of their other courses to an online format.

If you are interested in this course, please email [Marie](mailto:marie@safetyresults.com). As soon as Lambton College launches the course, she will send you an email with more information.



## Compliments for our CRSP and CRST Examination Courses and Study Material

“You want to pass the CRSP exam? There’s no quick-fix solution to attaining a ‘pass’ but I can verify that a strategic study approach WILL be the answer. I was successful in my first attempt thanks to Alan’s CRSP Prep Course. AI’s material, prep questions, and his data-based approach really helped me to focus my study efforts in the correct domains. Thanks so much AI and Marie, your course was worth every penny!”

“The materials provided by Safety Results were truly of benefit during my study time. Each of the sections adequately covered the material needed and offered added clarity on the testing process and study plan structure. Thank you again; another successful candidate thanks to Safety Results.”

“The course was great for identifying where to focus my time to improve my knowledge overall and specifically to be successful at completing the CRSPEX. I’ve already recommended the course to a co-worker looking for a prep course.”

“I’d like to let you know that I passed the CRST exam! Thank you so much for offering your course and help me study for my exam! Even with many hours of preparing, it was still the most difficult exam I have written. Your course was instrumental to my success!

“I wrote the CRST in March and I passed. The wait was a long, painful two months. The material from your CRST Exam course was imperative to my success. There were some “fun facts” on the exam that I learned in Alan’s book. I personally didn’t believe they were relevant when I read them in the prep materials, but when I saw them on the exam, I was glad I learned about it! I couldn’t have succeeded without the exam prep materials. Thank you so much for all of your help!”

## CSSE and WOHSS Member Discounts!

We are delighted to offer discounts on our CRSP and CRST Coaching Packages as well as study material to current members in good standing of either the CSSE or WOHSS! Please contact [Marie](#) for details.

## LinkedIn CRST & CRSP Study Group

Alan has a LinkedIn group for those that are planning on writing the exam to discuss study strategies and tips. Join us at:

[CRSP & CRST Exam Preparation Study](#)

## On the Net

From OHS Canada:

“Safety requires measurement - lots of it” by Alan Quilley

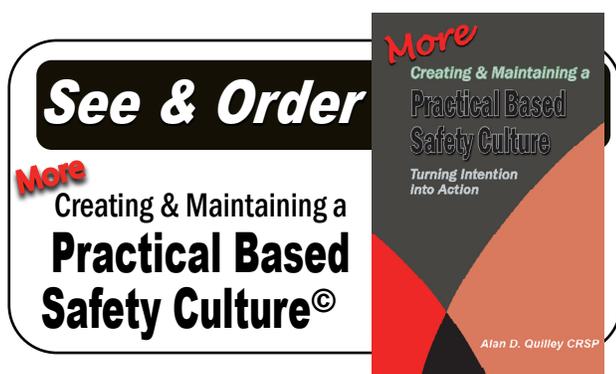
[New CSA Standard will help in managing impairment at work](#)

From the Gov’t of Canada:

[Coronavirus disease \(COVID-19\): Outbreak Update](#)

From CSA Group:

[Worker and Public Safety](#)



# CRSP AND CRST VIRTUAL COACHING EXAMINATION PREPARATION COURSES

Due COVID-19, we have paused our in-person classes. We have temporarily removed all dates for our courses for the balance of the year as we don't feel it ethical to book dates and hold onto student funds for a class that may not be able to be held.

It has always been Alan's commitment to help candidates with their studies for the CRSPEX and the CRSTEX, and we are pleased to announce that we have expanded our offers to include Special Virtual Coaching Packages.

This package is currently available to those that are writing the 2015 Blueprint CRSPEX taking place September 2020 as well as the CRSTEX taking place August 2019.

We will provide all of the material (shipped at our cost within Canada only) that you would have received in one of our in-person Workshops.

We are delighted to offer discounts to current members in good standing of the CSSE and WOHSS. For more information on those discounts, please contact [Marie](#).

Our special package also includes 6 hours of personal instruction by Alan D Quilley CRSP. The hours are broken down however you wish; the first session will take 2 hours. There will be homework assignments between the calls. Calls are individualized and held via phone or Zoom Video Conference, your choice.

["It's really important to know who is trying to teach you something". - Alan D Quilley CRSP](#)

## **Who is your Coach?**

Alan Quilley CRSP is our engaging, dynamic instructor and he will teach you how to study, truly demonstrating that you can enjoy learning. He's a respected industry leader in OH&S and has the credentials to prove it. A working CRSP who not only consults, but also trains within North America and internationally. Actively working with companies, helping them create their Health and Safety programs, as well as being regularly invited to present health and safety topics all over the world, Alan doesn't just teach it, he lives it.

With his decades of practice experience in various OH&S industries coupled with his qualifications in adult education (he developed, designed and instructed OH&S programs at the U of A, U of C and NAIT, as well as showing you the techniques to help you focus your studies, why look elsewhere? When selecting *your* mentor, take the time to really research who other providers are and what they've done. We believe that they simply won't measure up to our instructor in terms of quality, experience and teaching style. And, we are confident you will find our process better than the rest.

["There are no hard questions if you know the answers". - Alan D Quilley CRSP](#)

## **CRSP Special Coaching Package**

Inclusions:

- Package and material (material shipped at our cost within Canada only) based on the 2015 CRSP Examination Blueprint
- 6 hours personal instruction with Alan
- CRSP Exam Prep Manual
- CRSP Exam Prep Practice Questions and Answers Examination Workbook
- Series 1 & 2 Multiple Choice FlashCards
- Handbook (offered only to those taking part in this Special Coaching Package)
- \$999.00 + tax

## **CRST Special Coaching Package**

Inclusions:

- Package and material (material shipped at our cost within Canada only) based on the 2019 CRST Examination Blueprint
- 6 hours personal instruction with Alan
- CRST Exam Prep Manual
- CRST Exam Prep Practice Questions and Answers Examination Workbook
- Handbook (offered only to those taking part in this Special Coaching Package)
- \$849.00 + tax

For more information, please visit our website at either [CRSP Courses](#) or [CRST Courses](#)