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Be a Life Long Student

by Alan D Quilley CRSP

Lately I've been spending a large portion of my time developing and providing safety related training. This training takes many different forms; sometimes I'm providing a keynote address or a session presentation at a conference. Some clients have me presenting multi-day sessions, teaching their leaders, supervisors, staff and contractors the details of making their places of work safe and healthy. All of this training activity not only keeps me busy but challenges me to constantly learn more about the art and science of safety management myself so that I can pass on the knowledge to my students and participants.

This is no small task. It takes a great deal of time to stay current in my chosen profession. It's important for those of us who teach and advise others to keep on top of the issues and new thinking, to stretch ourselves and raise our knowledge and practice to new heights.

I'd like to share the strategies I use to stay current.

Perhaps this list will inspire you to join me in my commitment to life-long learning.

1) Constantly scan the issues and discussions

I subscribe to several listserv and blogs in addition to several on-line and hard copy magazines. I must commit a daily few minutes to scanning these sources and set aside those articles and discussions that challenge my thinking. The key is to keep looking for those things you don't know enough about. I'm always on the look-out for those "Ah Ha" moments when I've found a new idea or concept.

2) Challenge what you think is true

We all have fundamental beliefs and theories about how incidents happen and how to improve the safety and health of our fellow humans. If we didn't, we wouldn't be very effective and not much use

to our clients and employers. After all, we are all in part being paid to be problem solvers.

Through the years I have changed my thinking dramatically about certain “truths” about incident causation and OHS systems management. This has not happened because I always looked for sources of information to prove myself right...I’ve done just the opposite. I try to look for evidence to prove myself wrong. It’s too easy and all too human to look for information that supports what we believe is true and reject the rest. Ask questions...then search for the answers.

Educate yourself. Read,read, read. Mix it up. I try to look for both the science and the art of safety management. Some of the best business books I’ve read had very little to do with safety but were focused on human excellence and how to deal with the struggles of the human condition.

3) Find one or more Mentors

I’ve found that seeking mentors and coaches has created a positive environment for me to learn.

Find those people in your community of peers that will inspire you to think differently. These mentors don’t have to be necessarily personal acquaintances.

These days, access to experts in every field is readily available through the internet, podcasts, audio books and printed materials. Some of the important mentors in my life that I have had the pleasure of meeting and working with were Dan Petersen, Jim Stewart and Aubrey C. Daniels. Others I’ve never met, but I was greatly influenced by their work were Pavlov, B.F. Skinner, Maslow, and Covey, just to name a few.

Find these thought leaders and learn all you can from where they have been and what they have discovered.

4) Debate with your peers

Nothing solidifies the clarity of thought better than having to debate. Meet often with your peers and discuss and debate the issues in and around our business. Challenge the norm. Ask each other “what if we’re wrong?” “What if there’s another way to think of this?” Getting large groups of your peers together to agree

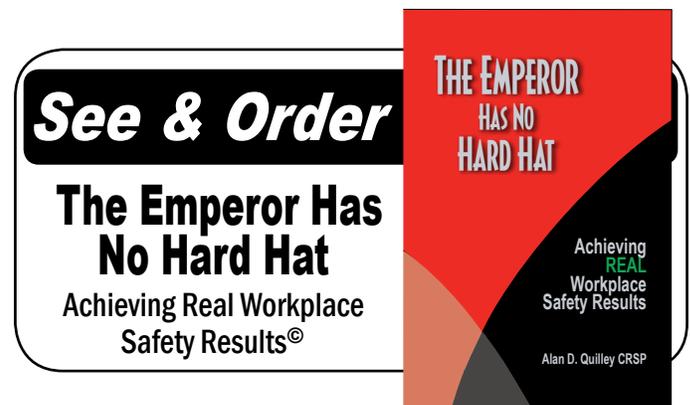
with each other may make your egos feel larger but does little to expand your thinking.

Examine the evidence of what makes you believe what you believe. You may find some holes in your conclusions...then look to fill those holes with knowledge.

5) Look for new ways to solve old problems

Some call it “divine discontent” (being dissatisfied with the outcomes). We certainly have a lot to be discontented with in our lack of overall success in safety. Constantly look for new ways to solve old problems. The current solution we’re using to an existing problem may have become redundant because of new discoveries (see Items 1-4).

I hope my approach has given you some ideas of how you can expand your knowledge and thinking. Most of all, have fun and remember as we’re challenging the thinking of others and what we think ourselves, be kind to each other and know that no one is always right...I’m almost as certain that the opposite is true.



Sherwood Park CRSP Exam Prep Workshop dates added!

Our September Workshop filled in record time so we have added another set of dates. Join us October 1 - 3, 2018 in Sherwood Park. We still have 7 seats available for this Workshop. For more details and to register, please visit our [CRSP Workshops](#) page.

CRSP Examination Preparation Flash Cards - Series 2 now available!

Enhancing our suite of top-notch CRSP Examination Preparation study materials and continuing to prove how we surely lead the way with our products and Workshops, we now offer Series 2 of our wildly popular Multiple Choice Flash Cards!

The new series is available for sale on our website and like all of our other material, is mapped to the 2015 BCRSP Blueprint. This is a brand new series - different from Series 1.

Please visit the following [page](#) on our website for further details!

On The Net

[Alberta Court of Appeal clarifies what the Crown must prove in a general duty offence](#)

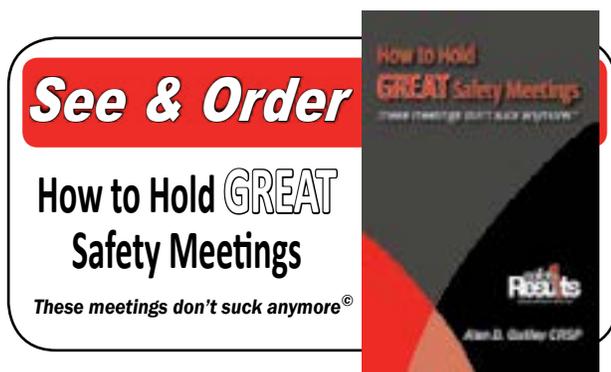
From the Safety + Health Magazine

Safety Ethics

Women in Occupational Health and Safety Society

The Society is holding their Edmonton Launch Event, taking place September 27, 2018.

For more details and to register to attend, please click [here](#).



Where's Al?

Alan is getting excited about presenting at the 2018 - 13th Annual Vancouver Island Safety Conference, talking place in Nanaimo this Saturday, September 29th.

Don't miss it...we're going to have some fun while we learn about Risk and Safety Leadership!

Rumour has it that he is going to be playing his guitar!

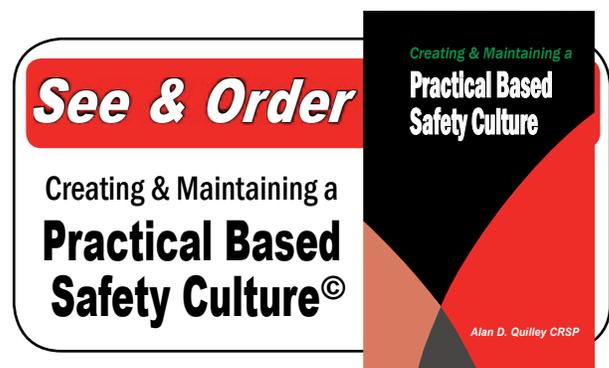
Click [here](#) for more details on the conference.

Compliments for our CRSP Exam Prep Workshops and/or Study Material

"I just wanted to send you a quick note and let you know that I PASSED my CRSPEX. I passed on my first attempt and am very pleased, I feel grateful and humbled to be a part of this professional group.

I enjoyed taking your course as it showed my weak areas and helped me to hone in on the areas I needed to focus. After your course I did continue to procrastinate to study as I felt overwhelmed by in the information I still needed to absorb. The next writing opportunity was in 2 weeks and I knew that I had to study hard to achieve my goal. I blocked everything out of my schedule and took the next 14 days at 10 hours a day to learn all of the material. Your books were my guide and helped me to organize my thoughts and study notes. I truly don't think I could have done it without your books as a guide. My strategy was to go through all of your material and make my own condensed notes. I then took all my condensed notes and went through the official CRSP study guides and added more into my notes. Along the way I completed the tests and when I got a question wrong I added the answers into my notes to further strengthen them. I loved the flashcards and could do them all with 100% by the end of it.

Thanks again Al and Marie for everything!"



CRSP EXAMINATION PREPARATION WORKSHOPS 2018

Sherwood Park	October 1 - 3	7 seats left
Sherwood Park	November 28 - November 30	
	(Last Alberta-held workshop before February CRSPEX)	
Orlando (Kissimmee), Florida	December 18 - 20	(reg'n closes December 4)

Our intense 3 day CRSP Examination Preparation Workshop fee is \$999.00 + GST. (Our Florida Workshop has a special rate of \$799.00). Here's why we know we can help and why you should thoroughly investigate before choosing your CRSP Examination Preparation Workshop and product provider.

Our Workshop price includes the following:

- Material updated to the current BCRSP Blueprint
- Our Manual, Workbook, Series 1 & 2 Multiple Choice and Long Answer FlashCards (\$910.00 value)
- Our Handbook that contains more practice questions and answers (Handbook is available only to participants at the workshop)
- Material is enclosed in a coveted Safety Results canvas attaché bag which includes pen, highlighter, calculator, notebook for notes and Post-its.
- Lunches and refreshment breaks
- Special offer – We are the only workshop provider that has a special offer for participants of our Workshop: If you challenge the CRSP exam and are unsuccessful, you may attend another sponsored Safety Results Ltd. CRSP Examination Preparation Workshop for a nominal fee. Conditions do apply - please check with us for more details.

When broken down, the value added features of our Workshops cannot be beat.

What makes us different?

- If you learn better by sitting and listening to a lecturer drone on and on, then this is not the Workshop for you.
- If you learn better by sifting through mountains of paper presented in a random and an illogical manner, then this is not the Workshop for you.
- If you learn better by sitting and answering hundreds of practice exam questions without direction, then this is not the Workshop for you.
- If you learn better by reviewing regurgitated copies of the BCRSP's Study Guides (that you've already paid for!), then this is not the Workshop for you.

How do we know all this? Students who have taken other providers' Workshops have told us. Ours always wins, hands down, every time.

Why not learn from Alan Quilley CRSP, our dynamic instructor who engages participants, and teaches you how to study, truly demonstrating that you can enjoy learning? He's a proven industry leader who actually works with companies, helping them create their Health and Safety programs worldwide. He's a working CRSP who consults and also trains internationally.

We don't just teach it, we live it.

Our course format is often imitated but never surpassed. Don't be fooled by cheap imitations of our process, format and content. Safety Results Workshops are the gold standard of preparation workshops.

For more details and to register, please visit our [CRSP Workshops](#) page.

And remember that if you are unable to attend one of our Workshops, you can purchase the very same Manual, Workbook, Multiple Choice/Quick Answer and Long Answer FlashCards that our students receive in our Workshops. Visit our [CRSP Exam Prep Materials](#) page for more details!