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#### **You Might Be A Safety Geek if... - Part 2**

##### **Article by Alan Quilley CRSP**

Our December newsletter contained Part 1 of “You might be a Safety Geek If...” Here’s the second in the series...

Remember that Safety Geeks come in all shapes and sizes but we all have some common and often annoying traits. Perhaps you’ll see yourself in some of these. I know I did.

You might be a Safety Geek if...

- You make your children put on a reflective traffic vest and “spot you” when you back-up your car
- You have a card in your wallet that lists the emergency phone numbers of several government agencies
- Your favorite pair of “dress shoes” has steel toes
- You know EXACTLY how many band-aid strips need to be in every class of first aid kit required by the government
- You have developed a permanent case of “hat hair” caused by wearing your hard hat too much
- Your hard drive has a folder named “Darwin Awards”
- You’ve actually told your children not to run with scissors
- You know that if you can get an injured worker back to work on the same day that they are injured, you don’t have to count their broken arm on your “serious injury” statistical reports
- You keep an equipment bag full of safety gear in the trunk of your car
- Your YouTube favorites list is filled with vehicle crashes and people falling off of things video clips
- You know how many donuts/muffins to bring to each one of your company safety committee meetings
- After it snows, you carefully brush off ALL the snow from your car before you drive away even off the ROOF
- You start to feel guilty if you don’t drive with your hands at the 10 and 2 o’clock positions on the steering wheel

Contact Safety Results

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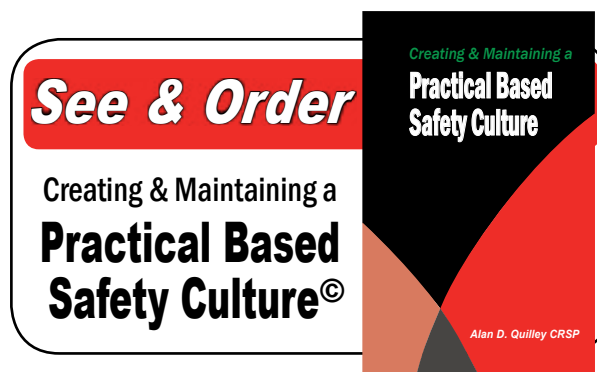
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- Your neighbors don't borrow your power tools because you won't lend them without doing a complete hazard assessment and holding a pre-job meeting
- You own FIVE different ladders so that you'll always have the "right tool for the job"
- You wear safety glasses, a face shield AND fire retardant clothing when you BBQ.
- You have read the "Caution Before Using" section of your Laptop Computer Owner's Manual
- You actually know how to hook up a Laptop computer to a LCD projector and GET IT TO WORK
- When you stop someone who is doing something hazardous, you know exactly what to say to them when they tell you that they have "Been doing this for over 30 years!"
- You have a binder full of Material Safety Data Sheets for your household cleaning chemicals and you've held a special WHMIS training course for your family
- You have several pictures on your hard drive of workers in third world countries doing really silly and unsafe things
- You can explain the 1:10:30:600 ratio in considerable detail
- You have a "real" story to tell about a worker who supposedly hurt their back at work but was seen lifting cement sidewalk blocks at home on the weekend
- The last line of your email signature ends with the clever safety slogan
- You at least once in your career have told a manager that he could go to jail for a safety violation
- You ensure everyday that you are clean shaven even though you will NEVER have to put on a self contained breathing apparatus
- All of your neckties are of the "clip-on" variety
- You know for a fact that indirect costs of incidents are from 1 to 50 times higher than the direct costs experienced, even though you've never really calculated them for yourself
- Your coat pocket is filled with pens with safety slogans on them. Extra points if you carry those pens in a pocket protector with a safety supply company logo on it
- You KNOW exactly where the guard for your table saw is
- Your office bookcase has more than a dozen safety supply catalogues in it
- You believe giving safety awards to workers who haven't had an injury is not just rewarding good "duckers"
- The "Don't Use as a Step" warning on your step ladder actually works on you
- You watch people downhill skiing and just shake your head in disbelief
- You actually know where you keep your copy of the company emergency manual
- You feel badly if someone from your company sees you talking on the cell phone while you're driving
- You know precisely how many days your company has worked since the last disabling injury
- You actually understand these jokes, and will forward them to all your Safety Geek friends

Well that's it for now, I'm sure we're all busy creating even more strange behaviours for ourselves in our attempt to help get people to be safer and healthier...It's a good thing to do even if it is a bit ODD so keep up the good work my fellow Safety Geeks!



## On The Net

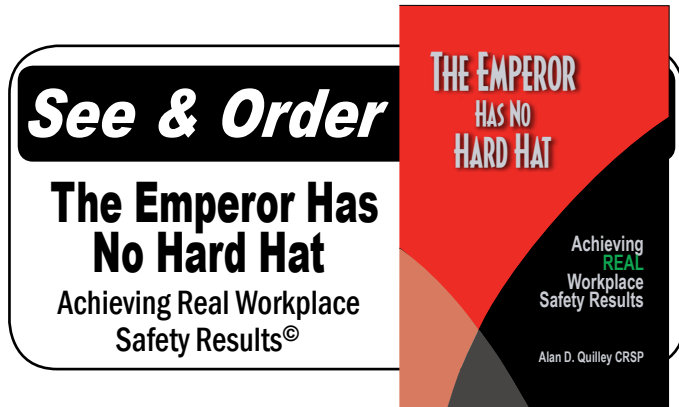
### Major Progress in BCRSP CSSE Collaboration – Hot off the Presses

Our thanks To Linda Miller from EWI Works for sharing the following link:

### Why a standing desk is no fix for sitting too much at work

A most interesting approach!

### A National Strategy for Workplace Safety and Health in Singapore WSH 2018



## CSSE Edmonton Chapter CRSP EX Study Group Sessions

The Edmonton CSSE Chapter 2018 Study Group Sessions have been set for the following dates:

CRSP Study Group - Spring 2018 Session - April 25 to June 2

CRSP Study Group - Fall 2018 Session - September 5 to October 13

Registration for the study groups open two to three weeks prior to the start date. For additional information about the course, please contact Trevor Johnson at [tjohnson@systemera.ca](mailto:tjohnson@systemera.ca)



## Another Way That We Help CRSP Candidates!

Alan created a website to further assist you in your studies. He also posted, for your FREE download, 90 questions (in two series of 45 questions). This could cost over \$80.00 on a competitor's site! The practice Q & A are based on the 2015 CRSP Blueprint.

Stay tuned for even more questions and study tips at:

### Safety Results CRSP Exam Preparation Site

You'll find the practice questions and answers at the following links:

### Safety Results CRSP Practice Questions - Series 1

### Safety Results CRSP Practice Questions - Series 2

## Compliments for our CRSP Exam Prep Workshops

*"I passed! Thanks to you and Alan for the great class that enabled me to be successful. I made the plan and stuck to the plan that I had made attending your course!"*

*"You want to pass the CRSP exam? There's no quick-fix solution to attaining a 'pass' but I can verify that a strategic study approach WILL be the answer. I was successful in my first attempt thanks to the Safety Results CRSP Prep Course. Al's material, prep questions, and his data-based approach really helped me to focus my study efforts in the correct domains".*

*"Thanks so much Alan and Marie, your workshop was worth every penny! I'm SO happy I have this CRSP monkey off my back and I'm proud to be joining a group of such highly sought-after professionals".*

Thank you all for your fantastic comments - we really appreciate receiving testimonials such as these!

Congratulations again!

## CRSP EXAMINATION PREPARATION WORKSHOPS 2018

Sherwood Park	April 13 - 15
Calgary	April 18 - 20
Sherwood Park	July 13 - 15
Calgary	August 15 - 17
Sherwood Park	September 21 - 23
Sherwood Park	November 28 - November 30

Our intense 3 day CRSP Examination Preparation Workshop fee is \$999.00 + GST. Here's why we think we can help and why it's important to research fully when you are researching CRSP Examination Preparation Workshop providers and instructors.

Our Workshop includes the following:

- Material updated to the current BCRSP Blueprint
- Our Manual and Workbook (\$600.00 value)
- Our CRSP Exam Prep Multiple Choice/Quick Answer FlashCards (\$105.00 value)
- Our Handbook which contains additional practice questions and answers (Handbook is available *only* to participants at the workshop)
- Material is contained in a coveted Safety Results canvas attaché bag which includes pen, highlighter, calculator, notebook for notes and Post-its.
- Lunches and refreshment breaks
- Special offer – We are the *only* workshop provider that has a special offer for participants of our Workshop: If you write the CRSPEX and are unsuccessful, you may attend another sponsored Safety Results Ltd. CRSP Examination Preparation Workshop for a nominal fee. The workshop must be taken within one year of your first workshop with us and further conditions apply - please check with us for more details. If you see other providers with this same offer, it will be because we did it first.

When broken down, the value added features of our Workshops cannot be beat.

What makes us different? No boring lectures here! Alan Quilley CRSP, our dynamic instructor engages participants, truly demonstrating that you can enjoy learning. Sifting through mountains of paper presented in an illogical manner isn't efficient, nor is sitting in a classroom answering hundreds of practice questions. How do we know? Because our students have told us.

Why not learn from an industry leader who actually works with companies, helping them create their Health and Safety programs? With decades of practical experience, highly experienced in Adult Education and the knowledge to help you focus your studies to make your examination writing positive and successful, why look elsewhere? Our business was created and has centered around educating adults in OH&S topics

We don't just teach it, we live it.

Our course format is often imitated but never surpassed. Don't be fooled by cheaper imitations of our workshop process and content. Safety Results Workshops are the gold standard of preparation workshops!

For more details and to register, please visit our [CRSP Workshops](#) page. *Please note that if you have registered for a workshop, but not paid for your spot, we are not holding a seat for you.*

And remember that if you are unable to attend one of our Workshops, you can purchase the very same Manual, Workbook, Multiple Choice/Quick Answer and Long Answer FlashCards that our students receive in our Workshops. Visit our [CRSP Exam Prep Materials](#) page for more details!