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Seasons Greetings from all of us at Safety Results!

You Might Be a Safety Geek If...

Part 1

A classic article from my archive...

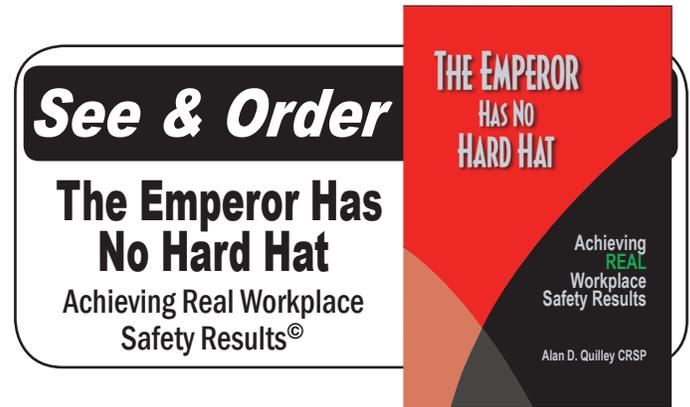
One of the wonderful things about the internet is that these days your email inbox can get filled with funny messages. A lot of these “funny” emails bring a smile to my face, in some cases an out and out belly laugh. One of my favorite types of humorous emails to get is the “You might be a...” list.

Recently I started to think about the many things that I and my fellow safety practitioners do. Here’s the first part of a list that I created. I’m going to measure how long it takes for this list to make it back to me from someone who didn’t read this article.

Safety Geeks come in all shapes and sizes but we all have some common and often annoying traits. Perhaps you’ll see yourself in some of these. I know I did.

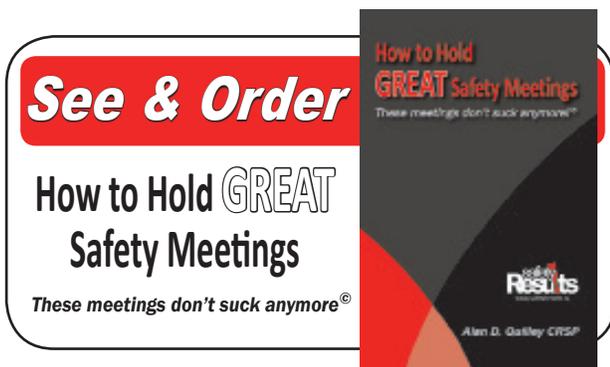
You might be a Safety Geek if...

- Your heart beats noticeably faster when you hear or read the word “audit”. Did it happen just then?
- You’ll stand proudly on a deserted downtown street corner in the rain, waiting for the “Walk” signal
- Every casual jacket in your closet has a “safety award” patch on it
- You know that the term “Near Miss” really means Near HIT
- Your prescription eye glasses have side shields permanently attached and you wear them EVERYWHERE because “you never know when you’re going to run into an eye injury hazard”
- You have a dog-eared copy of the local Occupational Safety legislation in your bathroom...and almost every third section is HIGHLIGHTED
- You think it’s hilarious when you respond to a worker’s question about how much they can safely lift by chuckling “I don’t know...how much CAN you lift?”. Extra points if you slap your knee as you say this
- You can actually recite, from memory, the Occupational Health & Safety rules for both confined space entry and fall protection



- Whenever you hear that a fellow safety geek’s company has a lower lost time injury rate than yours you immediately suspect that they are just better at their modified duty program
- Your favorite baseball caps have “Think Safety” boldly displayed on the front them
- You know that TRIF means “Total Recordable Injury Frequency” and you can actually explain the mathematics used to calculate that number
- Your mouse pad has a built-in ergo wrist rest and you sit at your computer on an ergonomically designed plastic inflatable ball
- “N-Nitrosodimethylamine” has been added to your spell-check dictionary
- When watching a rerun CSI television episode, you have a pen and paper handy so you can write down any new investigation methods you see
- You’ve installed a pull-down projector screen in your house so you can hold off-the-job safety training sessions for your family
- You have ordered “safety slogan” travel mugs for safe driving awards even though you know that eating and drinking while driving is the number one distraction among drivers
- Your children won’t bring their friends over to your house to play because you make them all wear hearing protection, safety glasses and knee pads
- You can accurately mouth the words along with the company Safety Orientation DVD as it plays
- You can list every type of respirator cartridge made by name, manufacturer, number and color coding

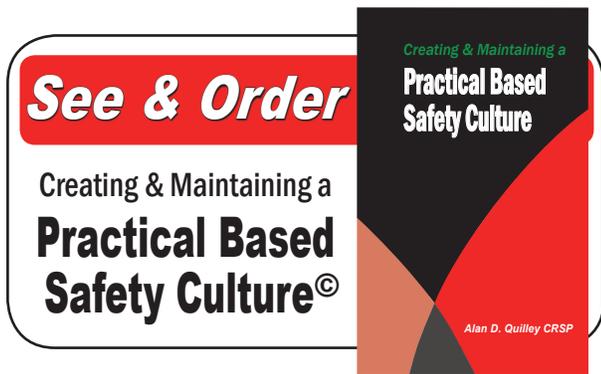
- You know what: JSA, MSDS, SCBA, NIOSH, OSHA, CDC, LTA and WCB all stand for but when one of your workers calls out “BS” during your safety talk, you’re confused
- You know that not all “hygienists” clean people’s teeth
- You know at least one person who is a certified industrial/occupational hygienist... you just never understand what they are saying
- You have what you think is a great answer to a worker’s question about why s/he has to wear a hard hat while working alone in an open field
- You have a presentation slide that quotes Heinrich’s “Ten Axioms of Industrial Safety”
- You also have a slide with a picture of an iceberg on it that has nothing to do with the sinking of the Titanic.
- You clip and post on your office bulletin board every newspaper article you find where a company has paid a safety violation fine
- You have at least once told someone that 88% of all accidents are caused by unsafe acts, even if you don’t remember that the source is from a very biased study conducted in the 1930s
- You can mount a great verbal argument for calling some incident causes “root causes” and some incidents causes “immediate causes”...and you can say it like it REALLY matters!
- You have a labeled set of Frank Bird Jr. incident causation dominoes to knock over during a safety demonstration
- You own a least one “back injury prevention” training film, video or DVD. If you’ve been in the business long enough, you own all three and are thinking of transferring the film to YouTube
- Your gmail/yahoo email address cleverly includes the word “safety” in it like - SafeTGuru@googlemail.com or Safe_Tee_First@yahoo.com or SayFTGal@googlemail.com
- You believe that “Zero Injuries” is possible; you’ve just never worked for a company that has achieved it
- You plan your annual vacation around the date and location of a National Safety Conference
- The last time you needed a hammer when you had a wrench in your hand...you actually went and got a hammer
- You put on your seat belt even though you’re just moving your car out of the garage to wash it
- You carry a laser pointer in your shirt pocket just in case a surprise training opportunity happens
- You own a battery tester to test 9 volt batteries instead of just putting the end of the battery on your tongue
- You sincerely believe that workers will work 365 days safely just to win a fire extinguisher or first aid kit
- At lunch yesterday, you and your colleagues got way too excited about creating an OSHA version of Trivial Pursuit
- And finally (for now), you might be a Safety Geek if you care enough about your fellow humans to actually do at least some of these things noted above. Keep up the good work! Look for the balance of the list in Part Two which will appear in a future Newsletter!



On the Net

Alan was invited by IPLOCA (International Pipe Lines & Offshore Contractors Association) to present at their October Health and Safety Workshop in Geneva. The following will link to his session:

[Humans and Machines the Hidden and Not So Hidden Hazards](#)



Recent Compliments for our CRSP Exam Prep Workshops

"Taking the prep course was instrumental in my passing of this exam as it gave me a structure to work with and not be overwhelmed by the information that is to be covered in preparing for the exam".

"Without Alan's guidance on how to prep for the exam, I would have gone down many rabbit holes that would have taken away valuable study time that would be better utilized in other areas of the material".

"Thank you very much for the assistance and I will recommend the prep course to anyone who is planning on writing the exam".

"I took your CRSPEX prep course in Sherwood Park ...Was not able to write... until just before the 2 year expiry. I wrote simply with the intention of resetting the clock giving me a year to study, but I made the grade! ... Your program helped me to focus on what I needed to study the most"

Thank you for your fantastic comments - we really appreciate receiving testimonials such as these!

Congratulations again!

Other Ways That We Help CRSP Candidates!

Alan created a website to further assist you in your studies. He also posted, for your FREE download, 90 questions (in two series of 45 questions). This could cost over \$80.00 on a competitor's site! The practice Q & A are based on the 2015 CRSP Blueprint.

Stay tuned for even more questions and study tips at:

[Safety Results CRSP Exam Preparation Site](#)

You'll find the practice questions and answers at the following links:

[Safety Results CRSP Practice Questions - Series 1](#)

[Safety Results CRSP Practice Questions - Series 2](#)

Alan created this LinkedIn group for those that are planning on writing the exam to discuss study strategies and tips. Join us at:

[Alan's CRSP Exam Preparation Study Group](#)

CRSP Exam Prep Materials

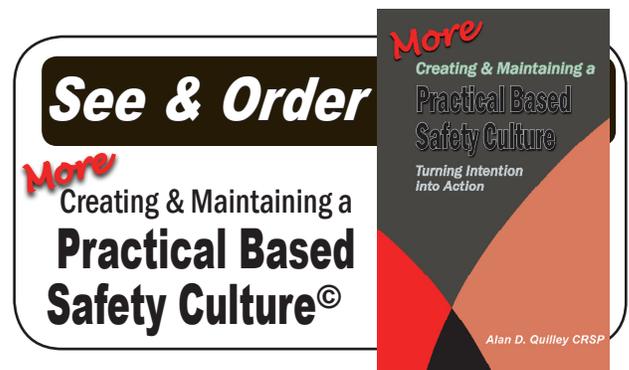
If you are unable to attend one of our Workshops, you can purchase the very same Manual, Workbook, Multiple Choice/Quick Answer and Long Answer FlashCards that our students receive in our Workshops. Visit our [CRSP Exam Prep Materials](#) page for more details!

Safety Results Blog and Twitter

Read what Alan has to say!

[Blog](#)

[Twitter](#)



CRSP EXAMINATION PREPARATION WORKSHOPS 2017

Sherwood Park	January 19 - 21, 2018
Kissimmee, (Orlando), Florida	February 14 - 16, 2018
Sherwood Park	April 13 - 15, 2018
Calgary	April 18 - 20, 2018

More dates will be added in the new year.

Due changes being implemented by the BCRSP July 2018, we have received a number of requests to add additional dates for our Workshops. We are pleased to offer this enhanced schedule.

Our intense 3 day CRSP Examination Preparation Workshop fee is \$999.00 + GST. (Our Kissimmee, Florida workshop is specially priced at \$799.00 + GST). Safety Results Ltd. wants you to be successful in becoming a CRSP. Here's why we think we can help and why it's important to research fully when you are comparing CRSP Examination Preparation Workshop providers!

Our Workshop includes the following:

- Material updated to the current BCRSP Blueprint
- Our Manual and Workbook (\$600.00 value)
- Our CRSP Exam Prep Multiple Choice/Quick Answer FlashCards (\$105.00 value)
- Our CRSP Exam Prep Long Answer FlashCards (\$105.00 value)
- Our Handbook which contains additional practice questions and answers (Handbook is available *only* to participants at the workshop)
- Material is contained in a coveted Safety Results canvas attaché bag which includes pen, highlighter, calculator, notebook for notes and Post-its.
- Lunches and refreshment breaks on all 3 days
- Special offer – We are the *only* workshop provider that has a special offer for participants of our Workshop: If you write the CRSPEX and are unsuccessful, you may attend another sponsored Safety Results Ltd. CRSP Examination Preparation Workshop for a nominal fee. The workshop must be taken within one year of your first workshop with us and further conditions apply - please check with us for more details. If you see other providers with this same offer, it will be because we did it first.

What makes us different? No boring lectures here! Alan Quilley, our dynamic instructor, engages participants, truly demonstrating that you can enjoy learning. Our course format is often imitated but never surpassed. Don't be fooled by cheaper imitations of our workshop process and content. Safety Results Workshops are the gold standard of preparation workshops!

When broken down, the value added features of our Workshops cannot be beat.

For more details and to register, please visit our [CRSP Workshops](#) page.

Please note that if you have registered for a workshop, but not paid for your spot, we are not holding a seat for you.