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Seasons Greetings from all of us at Safety Results!

Contact Safety Results
Alan D. Quilley CRSP
780-710-0276
aquilley@safetyresults.ca

www.safetyresults.ca

Be a Life Long Student

by Alan D Quilley CRSP

Lately I've been spending a large portion of my time developing and providing safety related training. This training takes many different forms; sometimes I'm providing a keynote address or a session presentation at a conference. Some clients have me presenting multi-day sessions, teaching their leaders, supervisors, staff and contractors the details of making their places of work safe and healthy. All of this training activity not only keeps me busy but challenges me to constantly learn more about the art and science of safety management myself so that I can pass on the knowledge to my students and participants.

This is no small task. It takes a great deal of time to stay current in my chosen profession. It's important for those of us who teach and advise others to keep on top of the issues and new thinking, to stretch ourselves and raise our knowledge and practice to new heights. I'd like to share the strategies I use to stay current.

Perhaps this list will inspire you to join me in my commitment to life-long learning.

1) Constantly scan the issues and discussions

I subscribe to several listserv and blogs in addition to several on-line and hard copy magazines. I must commit a daily few minutes to scanning these sources and set aside those articles and discussions that challenge my thinking. The key is to keep looking for those things you don't know enough about. I'm always on the look-out for those "Ah Ha" moments when I've found a new idea or concept.

2) Challenge what you think is true

We all have fundamental beliefs and theories about how incidents happen and how to improve the safety and health of our fellow humans. If we didn't, we wouldn't be very effective and not much use to our clients and employers. After all, we are all in part being paid to be problem solvers.

Through the years I have changed my thinking dramatically about certain "truths" about incident causation and OHS systems management. This

has not happened because I always looked for sources of information to prove myself right... I've done just the opposite. I try to look for evidence to prove myself wrong. It's too easy and all too human to look for information that supports what we believe is true and reject the rest. Ask questions...then search for the answers.

Educate yourself. Read, read, read. Mix it up. I try to look for both the science and the art of safety management. Some of the best business books I've read had very little to do with safety but were focused on human excellence and how to deal with the struggles of the human condition.

3) Find one or more Mentors

I've found that seeking mentors and coaches has created a positive environment for me to learn.

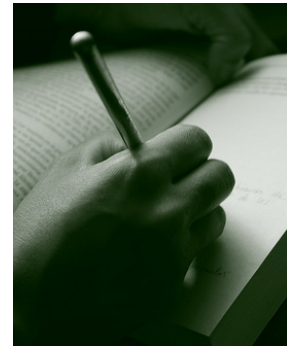
Find those people in your community of peers that will inspire you to think differently. These mentors don't have to be necessarily personal acquaintances.

These days, access to experts in every field is readily available through the internet, podcasts, audio books and printed materials. Some of the important mentors in my life that I have had the pleasure of meeting and working with were Dan Petersen, Jim Stewart and Aubrey C. Daniel. Others I've never met, but I was greatly influenced by their work were Pavlov, B.F. Skinner, Maslow, and Covey, just to name a few.

Find these thought leaders and learn all you can from where they have been and what they have discovered.

4) Debate with your peers

Nothing solidifies the clarity of thought better than having to debate. Meet often with your peers and discuss and debate the issues in and around our business. Challenge the norm. Ask each other "what if we're wrong?" "What if there's another way to think of this?" Getting large groups of your peers together to agree with each other may make your egos feel larger but does little to expand your thinking.



Examine the evidence of what makes you believe what you believe. You may find some holes in your conclusions...then look to fill those holes with knowledge.

5) Look for new ways to solve old problems

Some call it “divine discontent” (being dissatisfied with the outcomes). We certainly have a lot to be discontented with in our lack of overall success in safety. Constantly look for new ways to solve old problems. The current solution we’re using to an existing problem may have become redundant because of new discoveries (see Items 1-4).

I hope my approach has given you some ideas of how you can expand your knowledge and thinking. Most of all, have fun and remember as we’re challenging the thinking of others and what we think ourselves, be kind to each other and know that no one is always right...I’m almost as certain that the opposite is true.



Another Way That We Help CRSP Candidates!

FREE Questions - Downloads

In case you missed it, last year Alan created a website to further assist you in your studies. He also posted, for your FREE download, 90 questions (in two series of 45 questions). This could cost over \$80.00 on a competitor’s site! Stay tuned for even more questions and study tips at:

[Safety Results CRSP Examination Preparation Site](#)

You’ll find the practice questions and answers at the following links:

[Safety Results CRSP Practice Questions - Series 1](#)

[Safety Results CRSP Practice Questions - Series 2](#)

LinkedIn CRSP Exam Preparation Study Group

Alan created this group for those that are planning on writing the exam to discuss study strategies and tips. Join us at:

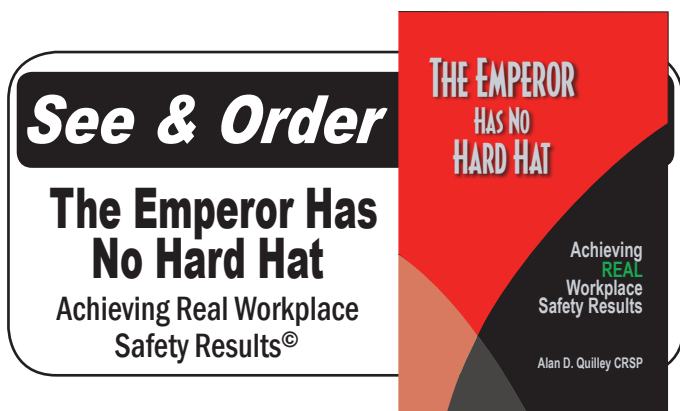
[Alan’s CRSP Exam Preparation Study Group](#)

Safety Results Blog and Twitter

Read what Alan has to say!

[Blog](#)

[Twitter](#)



CRSP Examination Preparation Workshop - Winnipeg!

We are honoured that Safety Services Manitoba has graciously agreed to sponsor one of our CRSP Examination Preparation Workshops; this will be the first one that we have presented in Manitoba!

We are offering a special rate for participants of this 2 day workshop of \$799.00 + taxes. The Workshop is taking place January 22 & 23, 2017 – join us in what will prove to be a valuable addition to your CRSP examination preparation! For more details and to register, please visit our [CRSP Workshops](#) page.

CRSP EXAMINATION PREPARATION WORKSHOPS 2017

Sherwood Park	January 13 - 15, 2017
Sherwood Park	March 17 - 19, 2017
Sherwood Park	July 21 - 23, 2017
Sherwood Park	September 22 - 24, 2017

Stay tuned for more dates and a Calgary Workshop!

Our 2.5 day CRSP Examination Preparation Workshop fee is \$949.00 + GST. Safety Results Ltd. wants you to be successful in becoming a CRSP. Here's why we think we can help and why it's important to research fully when you are comparing CRSP Examination Preparation Workshop providers!

We are an Alberta based business (since 1999) - support your local economy!

Our Workshop includes the following:

- Material updated to the current BCRSP Blueprint
- Our Manual and Workbook (\$600.00 value)
- Our CRSP Exam Prep Flash Cards (\$105.00 value)
- Our Handbook which contains additional practice questions and answers (Handbook is available *only* to participants at the workshop)
- Material is contained in a coveted Safety Results canvas attache bag which includes pen, highlighter, calculator, notebook for notes and Post-its.
- Lunches on the two full days and refreshment breaks
- Special offer – We are the *only* workshop provider that has a special offer for participants of our Workshop: If you write the CRSPEX and are unsuccessful, you may attend another sponsored Safety Results Ltd. CRSP Examination Preparation Workshop for a nominal fee. The workshop must be taken within one year of your first workshop with us and further conditions apply - please check with us for more details. If you see other providers with this same offer, it will be because we did it first.

When broken down, the value added features of our Workshops cannot be beat. For more details and to register, please visit our [CRSP Workshops](#) page.

Please note that if you have registered for a workshop, but not paid for your spot, we are not holding a seat for you.

And remember that if you are unable to attend one of our Workshops, you can purchase the very same Manual, Workbook and FlashCards that our students receive in our Workshops. Visit our [CRSP Exam Prep Materials](#) page for more details!

